# Manitoba Planning Conference 2017

Dr. Stasa Veroukis

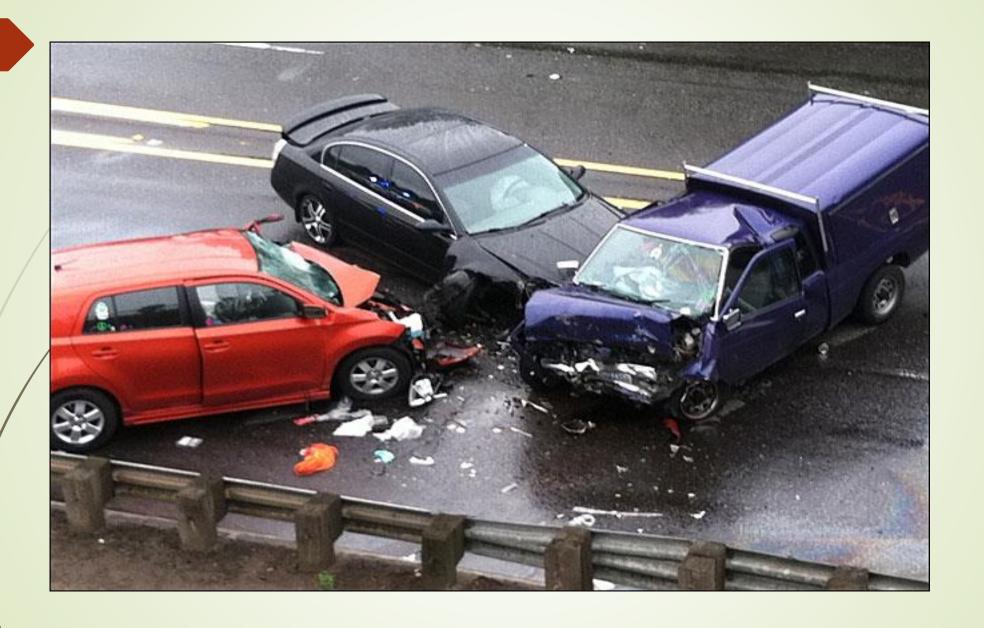
Pediatric Intensivist

Children's Hospital of Winnipeg



#### Objectives

- Frontline Medical Experience
- Review of Pertinent statistics with respect to Burden of Disease
- Review of the impact of speed on the severity of injury to a person

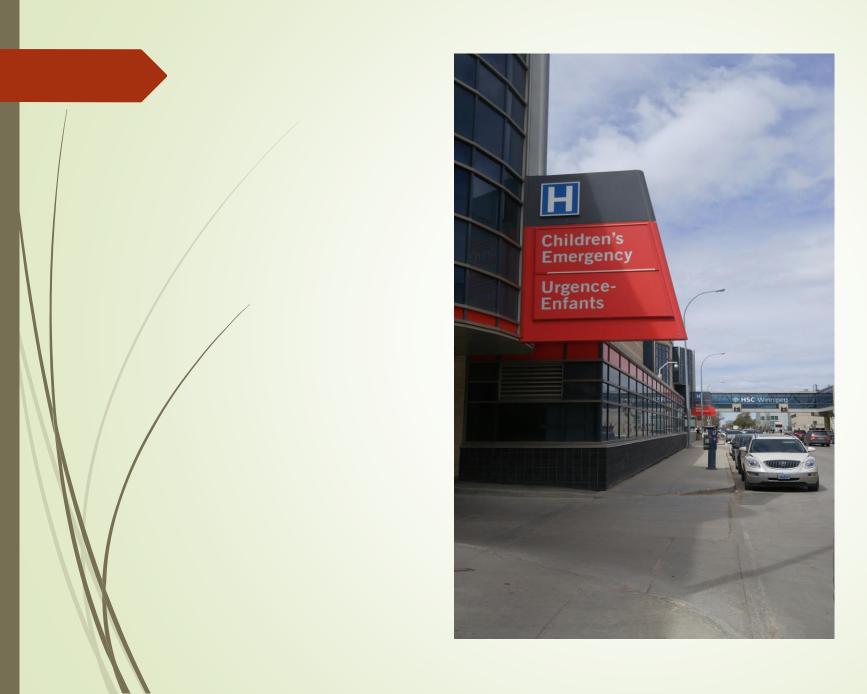






Every
Second
Counts!













#### Collision Statistics

- Accidents (Unintentional Injuries)
  - 5<sup>th</sup> Leading cause of death for Canadians
  - ■1<sup>st</sup> Leading cause of death for Canadians age 1-44yrs

#### Deaths

In 2010 there were 105 deaths in Manitoba due to Transport Incidents

(Parachute. The Cost of Injury in Canada (2015))

- In 2016 there were 112
- WRHA Injury Report, 2000-2010
- 356 Deaths in 10 years
- 42 Deaths in persons ages 1-19 yrs old (12%)
- 203 Deaths in persons ages 1-44yrs old (57%)

#### Hospitalizations

- For 2010 in Manitoba
  - ► Hospitalizations: 1,245 in 2010 (Manitoba)
  - Emergency Visits: 10,442 in 2010 (Manitoba)
  - Permanent Partial Disability: 300
  - Permanent Total Disability: 29
- ■Total Health Care Costs: \$189 million

Parachute. The Cost of Injury in Canada (2015)



#### Speed and Severity of Injury

- The higher the speed, the more energy is transferred to a victim (occupant, pedestrian, cyclist)
- The higher the energy transferred the more severe the injury
- This can be the difference between life and death

#### The faster you go...the harder you Crash

- A crash at 100km/hr is 3 times more forceful than a crash at 50km/hr
- Injuries sustained from a 50km/hr crash
  - Falling from a 3 storey building
- Injuries sustained from a 75km/hr crash
  - Falling from a 7 story building
- Injuries sustained from 100km/hr crash
  - Falling from a 12 storey building

## The faster you go...the harder it is to stop

Driving at 60km/hr in a 50km/hr driving zone

10.4m longer to completely stop than at 50km/hr

That's 2 car lengths longer!

## Total Stopping Distance

In ideal weather conditions, driving at:

- $\rightarrow$  40km/hr  $\rightarrow$  25.7 m
- $\rightarrow$  60km/hr  $\rightarrow$  45.2 m
- $\rightarrow$  80km/hr  $\rightarrow$  72.0 m
- $\rightarrow$  100km/hr  $\rightarrow$  97.9 m

